



Five citizens trained as First Responders

Five Yuutu?it?ath citizens are now certified First Responders. An initiative that was sponsored by the BC First Nations Health Authority and the Red Cross was aimed at training First Responders for remote First Nations communities. On Sunday August 24th, Celena Cook, Jay Millar, Stella George, Joyce Patrick and Trisha Miller received their certificates as First Responders.

Last week the five joined 17 others at the Tsawout First Nations (Saanichton) for First Responder training that started at 7 a.m. and ran until 5 p.m. daily. Celena said the hands-on scenarios were her favorite part of the course. "Through the scenarios you can tell who's going to take charge, who is going to be verbal and who's comfortable doing what role," she commented. Working as a team is important, she acknowledged, and she and Stella found they worked together well.

Jay said the First Responders will be able to assist people requiring medical assistance and also the BC Ambulance service, by being on scene and being able to complete an assessment, treat wounds or gather patient information before the ambulance arrives. "We can be on scene in a couple of minutes," he commented, noting that the quicker medical assistance is provided it usually leads to a better outcome for the patient. He said "the broader knowledge of more advanced First Aid...and better care for the patient,..." will be the benefit to the community.

First Responders have committed to being on-call, 24 hours a day, seven days a week. "The commitment kind of scares me," admitted Celena. She was interested in the course but wanted to consider how it would impact her life. "I'm a single parent, so I just couldn't decide but then I thought I would kick myself if I didn't go," she laughed.

The trio of local First Responders are anxious to help re-write the community's emergency response plan and they are planning on running mock scenarios to keep their skills fresh. They will also be raising funds to purchase First Aid kits they can keep with them to access quickly in case of emergency. All course participants were given a pocket mask for safely delivering rescue breathing as a part of cardiopulmonary resuscitation or CPR.



Celena Cook, Jay Millar, Stella George and Trisha Miller. Missing from the photo, Joyce Patrick.

Human remains found during water-works construction



Watson Touchie holds up a whale skull that was found in the sediment pile that was excavated from the trench along Hit-tat-soo Road.

Yuutu?it?ath Elders agreed that human remains found by road crews installing the new water lines in Hitacu should be excavated by archaeologists and then re-buried in the cemetery.

Last week archaeologists removed human remains from a trench on Hit-tat-soo Road, and locals Watson Touchie, Leo Touchie and Raymond Haipee continue to sift through the excavated sediment piles stored on the new road towards the water tower. They have found human bones, animal bones and tools. Once they are completed sifting through the piles all the remains will be buried.

Elders, Legislature members and a few community members met on August 18th to discuss what was found in the trench and determine what should be done with the bones.

Earlier, on August 12th, work crews stopped excavation work when they uncovered bones. Archaeologists were called in for a preliminary assessment. They discovered that there may have been four or five individuals buried at this site; all appeared to be adults and the burials are partial skeletons. The remainder of the individuals may have been removed from the

site when the excavator dug the trench.

Excavated sediments from the trench were taken to an area off site for storage and once it was known they contained bones, the sediments were cordoned off from the other material.

Elders said the bones of the five individuals needed to be excavated from the site as quickly and respectfully as possible and buried at the cemetery. It was also suggested that a cleansing ceremony take place to clean the site and any workers who came in contact with the site; that ceremony was done last Tuesday.

A second midden containing material that could pre-date AD 1750 and a burial site containing human remains was uncovered and examined by archaeologists before the Hit-tat-soo Road trench was dug. Both middens were discovered by work crews doing the water and sewer project in Hitacu.

On August 13 work crews came across what they believed was a human skull; work was stopped immediately and the area was fenced off and an archaeologist

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The council of staff of the Ditidaht First Nations visited Hitacu in early July to learn about self-government. Here the group is at Wya beach.

Draft regulation paves way for transfer of title to citizens

The Yuulu?i?ath Executive met on August 22nd and tabled a regulation which will outline the process through which Yuulu?i?ath land could be transferred to eligible citizens. Executive members requested more time to read through the draft regulation and the motion was tabled.

subdivision plan with the Land Title Office in Victoria and raising title on 114 individual lots that are owned by the Yuulu?i?ath government.

The Executive will need to wrestle some tough questions to ensure there is a fair system for determining lot allocation.

The Executive approved two invoices for Humphrey Construction, one in the amount of \$309,806.13 for work done at the new community centre, to the end of July, and the other for \$37,668.75 which is for the work on Wya Road. The Executive also approved the invoice for Bowerman Excavating in the amount of \$295,292.51 for the water and sewer project and also additional builder's insurance coverage (for the community centre) in the amount of \$15,214, to Aon Reed Stenhouse Inc. which will extend the coverage until the end of October.

While owning one's property would give that person the right to sell the property (likely restricted to other citizens), it would also mean the home owner would be responsible for taking care of all maintenance and paying taxes.

Currently the government is in the process of registering a

Bornstein Seafoods sold

Bornstein Seafoods Canada (US owned) has been sold to Chinese investors; the take-over date is September 5th. Wojtek Malach will continue in his role as manager as he has done for the last 25 years and the crew will be staying on with the same wages. "There will be no changes in the work" he commented, and added that there are plans for an expansion to include a new ice house and possibly a new marina and processing plant. The name of the company has not been released but according to Wojtek it is the same group that recently bought the Eagle's Nest, campground and marina.



Currently there are 14 people employed at the plant which usually runs with a crew of between ten 10 and 20, and all but one of the crew are from Hitacu. Bornstein's is an unloading station for seafood and provides service for 18 companies in the US and Canada.

The buyers own a variety of businesses, real estate and resort but this is their first seafood plant, Wojtek said. He said the expansion construction work will likely begin in the fall and the plant will be operational throughout the construction. "In this industry if you redirect vessels somewhere else you usually lose them and I've worked too hard to build the reputation of this plant," he said. "I have the best crew, without a lie, the best crew on the coast," he comments proudly. "We have the fastest unloaders; we hear that from every crew we service," he said.

Wojtek has worked in the fish industry since he was 19, working on factory ships in Poland and Peru before he worked locally, after he met his wife Joanne, who passed away two years ago. The boat he worked on had unloaded at Neptune and he and a friend were headed out for a beer. His friend called a woman in town and asked if she would bring along a friend to meet Wojtek. "She got dragged to the bar, she'd never been for seven years. I liked her smile and her attitude and I barely spoke English," he laughed. After meeting a few times Joanne asked him to stay and he ended up moving to Hitacu and getting a job at the fish plant where he has worked ever since.

Notice is hereby given that the Yuulu?i?ath Legislature has initiated a Hitacu Assembly in accordance with the Constitution and Government Act YFNS 2/2011.

The Hitacu Assembly is scheduled for Monday September 15th, 2014; 5PM at the Yuulu?i?ath Community Hall.

Dinner will be provided; all citizens are invited to attend.

The agenda is in draft form until approved by the Citizens at the Hitacu Assembly. (Additional items may be added at the time we adopt the agenda.)

Agenda Items:

1. Meeting called to order
2. Opening Ceremonies/Welcoming remarks
3. Motion and discussion to adopt the agenda
4. Audit Presentation
5. Economic Development Update – YFN Management Services
6. Updates
 - a. President
 - b. Lands and Resources & Asset Management
 - c. Community Services
 - d. Director of Operations
7. Announcements/Discussion
 - a. _____
 - b. _____
 - c. _____
8. Adjournment

Community Newsmakers

First dig uncovers some mammal bones but no human remains



Yuulu?il?ath Government had two archaeological digs done recently after construction crews laying the water works found bones. The initial dig uncovered marine mammal bones but no human bones.



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-was called in to examine.

In July, the work crews uncovered a shell midden and thanks to sea shells there were some very well preserved mammal bones in Hitacu. The calcium carbonate which naturally occurs in shells, leaches out into the soil with every rain, and just as calcium makes our bones strong, so too does the calcium in the soil keep the bones there intact.

Bowerman Construction came across bones when they were excavating for the new water and sewer lines. Work came to a standstill for two days as archeologists were called in to assess the midden located near the beach behind the health centre. The shell midden is approximately 200 x 80 m in size and much of it was buried by clay and sand fill, most likely when the area was leveled to construct a ball field, the archeologists said.

Jess Barton, an anthropologist and archeologist working at the site said no human remains were found in the midden. "It's a mixed pile with samples from throughout the site," she said, noting that the sample was about 17 meters deep. She said there was not a lot of bone found in the sample, but a large whale rib bone and the bones of sea lions were found in the site. In the top layer of the shell midden, glass and ceramics were found and lower

layers were devoid of historical materials. Four ground bone objects were also found but no stone tools were found.

Duncan McLaren, the lead archeologist said the bones that were recovered were in great shape thanks to the shells which helped preserve the bones. The bones will be taken to the zoo arch lab at the University of Victoria to identify species which could shed more light on the living and eating habits of former residents. McLaren added that the excavation uncovered a top layer of glass and ceramics which would have been placed there within the last thousand years. "We didn't excavate to the core; our biggest concern was that there may have been human remains but it's mostly kitchen refuse," he said. He noted that historically shell middens were moved around because the material in the midden made good construction fill; this midden, though, he believes may have been in its original spot.

All collected material were identified at the zooarchaeology lab at the University of Victoria. No human skeletal remains were among the bones collected. A report was completed by Cordillera Archaeology was forwarded to the Executive who determined they would not spend additional money to have the rest of the midden remains examined at the University of Victoria.

Yuulu?il?ath News

Fundraising to cover budget shortfall for community centre

The new Hitacu community centre is about a month behind schedule and approximately \$200,000 over budget. At the July 25, 2014 Executive meeting the project coordinator, Darren Mead-Miller broke the news that the budget has increased from a projected \$7 million to \$7.2 million. Executive members were asked to consider using funds from the Settlement Trust for the cost overruns; however, the Executive chose not to touch the Settlement Trust. Instead they have asked that a fund raising campaign be launched and that budget items such as landscaping and artwork be scaled back.

Mr. Mead-Miller and Tamarara Nelson, Chief Financial Officer, reported to the Executive that in the original budget year \$3.5 million deficit was budgeted. The plan was always to bring in the Settlement Trust to the level needed and that would be almost \$7 million. In the project budget it was noted that there would be a recommendation to use funds from the Settlement Trust to pay the loan down to a manageable level so that it would not be a burden for day-to-day operations. Settlement Trust funds are to be used for the benefit of citizens and since the community centre is a community benefit, the financing of that benefit is an appropriate expense for the Settlement Trust they

pointed out. The bulk of the project, \$6.5 million is being financed through the Bank of Montreal, and \$7. million was budgeted for the entire project.

A number of changes to the building have been made in order to bring the costs under control, and some of those changes have contributed to the completion date being pushed back from mid September to late October.

"It's mainly due to the kitchen mill work that has to be completed," reported Mr. Mead-Miller. He said the government saved money in the kitchen budget by purchasing some kitchen equipment at an auction; however, in the end, some

of the equipment could not be used, and other items needed to be modified. At the July meeting the Executive approved a change order for the project comprised of architectural, electrical, structural, mechanical and labour components necessary to complete the mill works for the kitchen to the tune of \$76,736.

An outdoor fish cleaning station that was supposed to be built behind the community centre was scratched from the plans due to the expense. Floors in entry ways of the building were slated to be a polished concrete with an embedded logo, but a sample of the flooring did not impress the Executive members and the concrete was scrapped in favor of a much less expensive laminate.

Fund raising efforts will be geared at corporate sponsors to pay for kitchen equipment, gym equipment and landscaping.

Enzo Petronio, Site Supervisor for Humphrey Construction Ltd. cautioned that there are a few finishing items that could cause delays in the project. A wooden staircase from the front entryway to the second floor has been hand made but the railings and inlay glass that provide the protection have to be specially ordered from Vancouver. He also cited a lot of mill work in the kitchen yet to be completed and said the gym floor is expected to take about three weeks to complete and that work is not scheduled to begin until September.



The new community centre has gone about \$200,000 over budget and the Executive has decided not to request money from the Settlement Trust to cover the short-fall. Instead, the Executive suggested that items such as landscaping could be scaled back and that a fund-raising effort be launched to cover the short-fall. Construction has been delayed a few weeks and will not likely be completed until mid October.

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Economic Development Manager updates activities

Tyson Touchie is settling into his role as Economic Development Manager. He started more than a year ago but recently took the reins after



the former CEO Trevor Jones quit a few months ago. The Operating Board has made no announcement yet regarding a replacement for the CEO and Tyson has stepped up his role of keeping an eye on the nation's businesses and working with the Operating Board and the Holding's Board.

He's also witnessed the recent hires of other Yuulu?il?ath citizens who have joined the management ranks, working for Yuulu?il?ath-owned businesses. He described a recent business manager's meeting where one employee pointed out that every manager was a citizen.

"We always talked about having citizens as managers but until recently that was not the case," he commented. Now, the Manager of Wya Resort is Lorri Touchie, Jeneva Touchie is Manager of the Thornton Motel, Skylene Touchie is the manager of the Wya Surf Shop, Tyson Touchie Jr. is the Manager of the K'wisitis Restaurant and Irwin Williams is the head chef. Mr. Touchie said it was a proud moment to see the faces of citizens representing the Yuulu?il?ath-owned businesses.

In the absence of a CEO for YFN Management Services, Mr. Touchie has been working closely with the Operating Board. "They (the Operating Board) has been much more active in giving us direction, and following up on things to make sure operations are running smoothly," he said.

Mr. Touchie provided an overview on how each of the business ventures have been going this year, and an update on future business plans and potential investors.

K'wisitis

K'wisitis Restaurant has had

a busy summer, Mr. Touchie credits its Head Chef Irvin Williams for promoting a sense of teamwork that staff working well together. "They seem much more cohesive," he said, and added that the restaurant is a great training ground for citizens.

There are four citizens on the serving staff (Celena Cook, Savannah George, Tyson Touchie Jr. and Kali Touchie-Maher) and three citizens working in the kitchen including Isaac Cook, Kobe Little, Maureen Louie and Sheldon Touchie as prep cooks and dish washers. "There is capacity building and teamwork and as a result we've had the same staff all season," he said. "We could still use at least two more cooks," he added.

The restaurant will remain open for a lunch time service until Thanksgiving (early October) and will may stay open for weekends and for special events after that. Mr. Touchie said he's hoping to have a bus service operational next summer to transport employees and resort guests to K'wisitis.

Thornton Motel

The replacement of the centre block of the Thornton Motel should start this week. The motel was gutted in a fire last summer and was slated to be re-built in June. Sorting out the insurance coverage took some time, Mr. Touchie Humphrey Construction was awarded the contract to re-build the motel. Recently Humphreys x-rayed the foundation of the motel and discovered that it does not contain re-bar which is required to meet the BC Building Code. Mr. Touchie reported. He is hopeful that the insurance will cover the cost to replace the foundation. The maximum value of the motel re-build has been pegged at \$1,311,764.00

Gas Station at Lost Shoe

The development of a gas station at Lost Shoe Creek has hit a snag. Mr. Touchie said, "there is still interest to move ahead but we've hit a hurdle with DFO (Department of Fisheries and Ocean) with salmon habitat on site."

"It's not putting a kibosh on the project but we need to deal with that. We need DFO approval to

develop a salmon habitat stream," Mr. Touchie said, and he noted, there will be additional costs for engineering. Quotes received from a builder and from BC Hydro will also need to be re-tendered, Mr. Touchie said, because the time limit on the quote has run out.

"I like using the fire (at Lost Shoe) as an analogy of the P.R. (public relations) mess that could be avoided. "We don't want to be the bad guy barrelling over salmon habitat so we will have to re-engineer to see if it's feasible at that site," he said.

"The Board (Operating) is still investigating alternatives on whether we go ahead at that site or maybe relocate," he said. "The slowing down is actually going to be a good thing. It will affect our construction time and realistically push us into next May or June for starting the project," he commented.

Fire at Lost Shoe

In June Wya Construction, was criticized for burning contaminated construction debris at Lost Shoe Creek. Wood waste from the motel was used to ignite stumps that were left on the site from logging activity. BC Conservation officials said the wood waste contained paint and stain and, they reported that gyprock was also burned. The Yuulu?il?ath government ordered an internal review citing that its own laws were not followed. Mr. Touchie said he updated the Holdings Board, "and that's as far as it went. I've been waiting to hear if there are other concerns from Conservation, but we haven't heard anything."

Hydro at Wya Point

A big improvement to the Wya Resort was the addition of hydro at the Lodges this summer. "It's kind a cool and the biggest benefit is that it's quiet out there now," commented Mr. Touchie. He said now that hydro has been extended to the lodges, he would love to see it also be extended to Ucluth beach. "We run on batteries and generators, and having hydro opens up a unique opportunity for us," he said. There has been some discus-

sion that the booking office, laundry and maintenance facilities could all be moved if there was hydro on site.

"Sometimes it's frustrating for visitors to have to trek out to the Wya Welcome Centre if they need something," Mr. Touchie noted. He said last season the reservation office was at the campground but was forced to moved due to the poor internet connection. Now that a hydro corridor has been opened up it may also allow access for high speed internet and at some point, the campground would benefit from having water and sewer available too.

Investment Opportunities

A Memorandum of Understanding with Chinese investors was signed with the Dongling Group a few months ago and now the proposal is being reviewed by the Holdings Board.

"The ball is in our court. They (the Dongling Group) has proposed a joint venture and Holdings will be reviewing it, making suggested changes and then they will bump it to the Executive to review and then bounce it back to the Dongling Group to negotiate changes." He said the joint venture agreement "identifies who would have interests is what and outlines the specific ventures such as the resort hotel," Mr. Touchie said. Besides the resort at Wya Beach, other ventures may include fishing, mining and green energy opportunities, Mr. Touchie said.

"It's a big deal. We will need to identify which projects we want to do and which ones we do not, and we will need to make sure that everything fits in with our laws," he said. Mr. Touchie will be "educating people about what is in the agreement, what the risks are and what the benefits are." "They (Holdings) are really being open about what they want to see; they want our people to have the straight goods," he said.

Mr. Touchie will have an update at the next Hit-tat-soo Assembly which is scheduled for September 15th at 5 p.m. at the Community Hall.

Yuulu?il?ath citizen vows to battle cancer and ride again

Lorraine Mundy's life took a drastic turn in April when she was told she had cancer. In the months that have followed life has been somewhat of a roller coaster ride, with highs and lows and terrifying moments in between. She decided to document her story to help put a face on cancer and give others a window into the fears, pain, questions and hope that all cancer patients deal with. This is the first of a two-part series about her journey.

By Lisa McKnight-Yeates



April 17: Life Interrupted

On April 17th, Lorraine found out she had cancer. Although the diagnosis was not positive, she was glad to put the questioning behind her; for months she had been in pain and numerous doctors and hospital visits had netted no results. After the diagnosis Lorraine went for a battery of tests: blood tests, x rays and a CT scan, before surgery could be done.

"They did all sorts of tests and said 'we're testing your organs' but of course they don't give you the results," Lorraine said, sitting in her Mother's house in Hitacu.

"It's really scary," her mother Kathy whispers, barely audible. Lorraine responds loudly.

"It's exceptionally scary! You don't expect this! I hoped to live like you," she addresses her Mom. "You're 75 and you're still healthy. You don't have cancer. I expected the same kind of life," she says and tears begin streaming down her cheeks.

"It's the scariest thing in the world to know you have cancer. I don't want to die before my Mom

and Dad."

Larry Baird who is a relative of Lorraine's, rallied to her side. He is a cancer survivor himself and knew that Lorraine would need an advocate in the coming months.

"He went through the same thing and he's a strong person. "He reached out to me right away; he knows what I'm going through," Lorraine commented. Larry attended the initial medical consultations to be her advocate.

May 10th

Lorraine served in the US

Navy for four years and found her naval training mantra was helpful when it came to her battle with cancer.

"I will not die without a fight" was repeated many times during her naval career and has been repeated many times in the last few months.

Lorraine's Mother came to stay with her shortly after she was diagnosed; at times she has not been able to hide her worry for her daughter, but Lorraine is defiant. "I have no intention of dying before you," she tells her Mom. "Like they taught us in the navy, I will not die without a fight and I have no intention of dying before you," she repeats.

She thinks about her time in the navy and reflects on the face that she's escaped an early death before. In 1991 the naval unit she was in was dispatched to the Gulf War, slated to be in the Persian Gulf for six months. Fortunately the war ended and she was only in the Gulf for two weeks, she said.

Lorraine laughs as her grandchildren vye for her attention,

Katherine wants her to watch her dancing and little Jaime tugs at her shirt sleeve. "These are the formative years, when we need to be teaching them when they are little," she commented. Lorraine is referring to teaching children to eat healthy because not eating healthy is partly to blame her having cancer she says.

"I had the worst diet when we lived in San Diego." She and her two children at processed fast foods as the main part of their diet. Her mother Kathy chimes in that cancer runs in the family and she lists several family members who have battled cancer. "I'm the youngest to get it," Lorraine says flatly.

Pre-surgery Roller Coaster

Lorraine's emotional roller coaster began the day her cancer was confirmed. After months of pain and speculation that something was seriously wrong with her, she had confirmation. Initially she was told that she had colon cancer and that she had two tumors. During a follow-up doctor's visit she was told she had only one tumor. "They will be removing about five to seven inches of my colon." she said as a matter of fact.

"I just wanted to know what stage I'm at and if it's spread throughout my body. I thought about my lifestyle about not eating well. Healthy food is so readily available and we don't buy it because we're too tired to make it after work. It should be a priority," she commented.

"My biggest problem is drinking alcohol," she admitted and said she has struggled with the addiction for many years.

At 46 years old Lorraine grieved her potential loss of life for about three weeks following her initial diagnosis. "My first thought was I'm going to fight this and take one day at a time but of course it's been an emotional roller coaster, up one moment and then you come crashing down," she said wiping a tear away with her sleeve.

May 15, 2014

She arrived at the Port Alberni hospital at 8 a.m. after spending a restless night at the Barclay Motel.

After checking in at the West Coast General Hospital in Port Alberni Lorraine waits in the day surgery waiting room for a few minutes before being escorted into a room to chat with a nurse. He encourages her to ask questions and assures her that there are no dumb questions. She inquires about going the bathroom after surgery and is told that she will likely have a catheter for the first while and possibly a temporary colonoscopy bag. She is informed that she will likely be in hospital for a week following her surgery.

The nurse explains procedure before surgery, about the surgery itself and the post operative care. The nurse explains that the doctor will be performing a right hemicolectomy during which the right side of the colon will be removed and sigmoid (left side of the colon) resection. Four hours has been booked for surgery but if things go well only a couple of hours will be required to perform the surgery. In the end Lorraine spent more than seven hours in surgery.

"If it has spread he will have to deal with it, if it's worse than he (the surgeon) expects," the nurse tells Lorraine. She nods and tears make their way down her face. The mere mention of the possibility that the cancer has spread makes her fearful.

Then he goes through a check list with Lorraine to ensure that all the pre-surgery testing has been done. The tests help to assess her overall health and body's readiness for the surgery. A thorough pre-assessment ensures

Continued on next page.





them to learn from what is happening to me,” she said. “I want them to take care of themselves while they are young and I want them to understand the potential effects of their lifestyle,” she said. She reflected on another relative who has cancer. “She drank pop every day and never thought it would not ever affect her,” she said with a sigh.

It's the scariest thing in the world to know you have cancer. I don't want to die before my Mom and Dad."

She struggles she said, with thoughts about dying, because she is not a religious person. “I don't have a faith and I feel like I need one. I need a spiritual path because I've never had one.” While in University she pondered the question about religion and wondered what her ancestors believed in. “I mean what would they have believed in before Christianity, before that was forced on them in Residential School?” she asks. She said Buddhism seems like a good fit for her life, “being in nature and being present,” she muses and then adds, “I guess

It's 10 a.m. and Lorraine is called in for surgery.

Post Surgery and Hospital Stay

Lorraine's surgery takes much longer than expected and her family and friends wait for hours in the waiting room. In the late afternoon the surgeon Dr. James McLean Ferguson visits the family and friends in the waiting room.

that your gastrointestinal track is in good working order following the medication administered during surgery.

Two days after surgery Lorraine was moved from a private room to a public ward with about a dozen other patients. She was still weak, but manages to amaze the medical staff with her resilience,

she's up walking with the aid of a walker, and she's self-administering very little in the way of pain medication.

The photo on the left page (top) was taken one week after surgery.

His says he believes they got all the cancer but they won't be able to tell for certain for a few days when she visits the oncologist.

“She has very healthy tissue” the doctor states a few times during the visit and says the healthy tissue is an indication of her overall health.

Everyone assembled agrees that Lorraine is an active person and she also strong willed and the doctor agreed those attributes would bode well for her recovery.

Family and friends wait for hours and around dinner time, they

Visit to Tofino Hospital

Two weeks after Lorraine's surgery she's back in hospital, this time in Tofino with what may be a kidney infection. “I'm sleepy all the time, I just can't stay awake,” she complained. She complained about pain in her kidney and of getting bad chills.

After a few moments she states that she's lost 42 pounds since the end of September and her pajama pants won't stay up. Telling this story makes her laugh once more and the mood in the room is briefly lifted once more.

Following the levity comes the news about an upcoming oncology appointment and consultation regarding chemotherapy. “They wait about 12 weeks for your body to heal after the surgery and then they start.” She's relieved that she will not have to have radiation as well.

Lorraine is getting anxious; chemotherapy is supposed to start in a week's time. “I feel like I'm just starting to get stronger and now we start chemo,” she said.

“I'm trying to keep positive,” she said, and then added that at least chemotherapy will offer her a chance at improving her health. She referred to her sister and a friend who both lost their husbands early in life, “and I realize how fortunate I am to even be having this conversation,” she said. She spent the morning with her Granddaughters, painting their nails and doing their hair. “July 14th is when the chemo begins,” she announces.

Part 2: Chemotherapy and the road to recovery. To be continued in the September Umacuk.



everyone has their own path.”

Lorraine watches the videos of her Grand kids once more and then breaks into a smile, and starts talking about her Granny Rose (Cootes). “She loved bringing me out to the islands to get grass for her basket weaving; she had a real connection to the land,” Lorraine said. She tells me that Granny Rose lived in the “pink” house, and the others in the room nod because they know exactly which pink house she refers to. The house is still standing but it hasn't been pink in about thirty years Lorraine admits, and the waiting room erupts in laughter.

are allowed to see her. She's groggy but said despite the pain of surgery she already feels in less pain than before the surgery. She falls asleep part way through a sentence, and then wakes to have another ice chip. She will eat nothing but ice chips for two days.

Hospital Stay notes and visit

Have you passed wind? That was the question Lorraine was asked repeatedly in the days first few days after surgery. She laughed each time the question was asked because normally that's a private practise. Passing wind after surgery is an important indicator to doctors

Continued from Page 6.

that the patient's heart and lungs are able to withstand the surgery.

July 16, 2014

He goes over procedure that will be done and repeats it so that Lorraine knows exactly what to expect. He takes her vital signs and makes her laugh aloud when he asks if she's pregnant. He explains that her pain will be managed during the surgery via an epidermal and afterward by a patient control analgesic. She complains about being thirsty and the nurse is sympathetic because he knows she has had nothing to eat or drink for hours. “Well there will be ice chips for dinner,” he says cheerily and Lorraine can't help but smile.

“You have just one job today and that's to find the middle of the bed,” he tells her as he attaches an id bracelet around her wrist. He hands her a hospital gown, house coat and slippers. By 8:30 a.m. Lorraine is gowned and ready for surgery.

A small group of her supporters sit with Lorraine in the waiting room. Her advocate Larry is there and her brother Dale shows up too. While we wait she picks up her phone and watches recently taken videos of her Grandchildren. On the video Kathryn crosses the monkey bars and another video shows three year old Jaime doing a dance. There's also a video of her newest Grandchild Christopher, cooing in his car seat.

“My counsellor told me to think positive thoughts and to think about something happy before surgery,” she said and then explained that her grandchildren bring her the greatest joy.

She also talks about her own children, Jasmine and Jack. “I want

pacific rim arts society

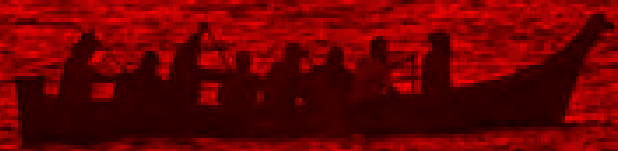


CULTURAL HERITAGE FESTIVAL

September 26 - October 5th

*An exploration of our local history and
culture through the Arts*

Tofino, Ucluelet & West Coast Region



Festival Event Information at:

pacificrimarts.ca

2014



Wedding

Mary Lou Klotz and Jason De Ruiter were married on August 23, 2014 at Christ Community Church in Ucluelet. Mary Lou is the daughter of the late Darlene Haipee and Mark Klotz and Molly Haipee is her Grandmother. The Maid of Honour was Christina Klotz and bridesmaid, Anelique Davis. Jason's best friend Billy Weenk was best man and groomsmen were Wish key (Robert) Dennis, Jaye Graham and Jason's Brother Raymond LeChance



The first of five small houses on Wallace Street is about 75 per cent completed to lock up and the Executive will have a walk-through at the end of next week. There is a contract to have five houses completed by the end of December.



Thornton Motel managers Frances and Sharlene move on after nearly seven years

Francis and Sharlene McCarthy have moved on after managing the Thornton Motel for nearly seven years.

Staff of the motel and Wya Campground held a farewell party for the couple at the Wya Welcome Centre last Wednesday. Thursday was their last day.

They are headed to a small community of Hickson, near Prince George, where much of Sharlene's family lives.

"We're not retiring but I am taking some time off to regroup," said Sharlene. She's looking forward to winter, possibly skiing and planting a big garden in the spring.

"I'm going to miss the employees because that was my social life," she laughs, and then adds, "and I'm going to miss the ocean too."

Sharlene said the growth in tourism in the last few years has been phenomenal. She said this summer is the busiest for tourists in Ucluelet that she ever remembers. Francis and Sharlene both commented about the growth of the Nation's businesses; when they started managing the Thornton, the

motel was the only business owned by YFN.

Francis too will miss the employees of the Wya Resort and Thornton. "I've made a lot of good friends here, and the Wya Resort is the best place on earth," he said. He's also going to miss the fog. "There are lakes where we're going but there's nothing like the ocean," he said.

Francis said he feels fortunate to have become friends with many of his coworkers and many Elders too.

"We're leaving this place in great hands though, the staff has the best interest for this resort and I see it going really great in the future," he said. "There is a lot of pride in these businesses and there should be," he added.

"We are very thankful that we had the opportunity to grow along with the businesses and that we've been able to share a bit of our experience that we had to guide and put this business on the right path," Francis said. "We are thankful that we had the opportunity to help get the businesses to where are today."

New organizer for Traditional camp

Dennis Touchie has been hired on contract to create a Yuulu?il?ath traditional camp on Treaty Lands in Effingham Inlet. The camp project began in early 2014 with an Elder's visit to the proposed location at K'winiik'qil (Cour 'd Alene Creek). At that time Tim Sutherland had been hired to coordinate the project, but a few months into the planning, he was forced to quit the job, citing health reasons.

Dennis said the initial plan was to erect a tenting platform with a roof and a pit toilet, but that plans have expanded to include an actual cabin with bunks, an outhouse and a docking facility. He has made three trips to the location to scout out the best location for the site.

Recently he scouted around for free docking material and was given a dock from a Tofino fish farm. He will now seek to move the dock to Ucluelet and then arrange to have it towed out to the camp location.

Public Order, Peace and Safety Act being considered

The Public Order, Peace and Safety Act is being circulated to the public (and was vetted through the Treaty Implementation Committee) for input to the Yuulu?il?ath government. The new law outlines the rules and consequences for things such as noise disturbance, construction hours, disorderly conduct, drug activity, animal care and control and traffic violations.

Disturbing the peace and enjoyment in a person's vicinity will be against the law; whether the noise comes from loud equipment, loud animals or loud people, it will be against the law to unreasonably disturbs the peace and comfort of the neighborhood or vicinity. Construction hours will be not before 7 a.m. or after 9 p.m. There is an exemption to this law and that is for the protection of life, health or property and citizens can apply in writing for a temporary exemption.

Disorderly conduct is listed as fighting, abusive language, inde-

cent gestures, excessive intoxication in a public place, vandalism and loitering. It also sites disorderly conduct as discharging firearms, threatening violence or causing public inconvenience, annoyance or alarm. It will also be illegal to publicly urinate, defecate or spit out phlegm.

If the Executive has probably grounds on which to believe that drug activity is occurring on Yuulu?il?ath lands or foreshore, the Executive may, by resolution, authorize what it decides is necessary to inspect the land, stop the drug activity and prevent the recurrence of drug activity. Although land is not owned by citizens at this point in time, the new law creates an avenue for citizens to forfeited their interest in land (or license) if they are using that land for illegal activity.

The new law outlines the steps the Executive will need to take in order to get compliance with the law and that does not preclude police intervention.



Job Posting

The Thornton Motel is looking for a part time assistant manager. The applicant must be willing to work weekends during the low season. Applicant must also be willing to stay on occasion on site when manager is away from motel. Some of the duties and responsibilities include the following;

- Opening/Closing and running computerized front desk
- Guest services; check in & check out reservations
- Perform housekeeping duties, as well as do laundry for the motel and Wya Point Resort
- Input daily sales in the computer system
- Day to day smooth operation of motel

Qualifications/Experience

Previous experience would be an asset, willing to train. Basic to intermediate knowledge of management and/or booking software. Please send resumes to Tyson Touchie @ ecdevman@ukeecable.net or in person at the Government Office.

Please submit your resume by September 5, 2014.

New laws for foreshore and enforcement

The Yuulu?il?ath Legislature met on Wednesday, August 27 where they enacted two new laws and forwarded a draft law to the Executive for consideration.

The Legislature accepted the recommendation of the Executive to enact the Application of Laws to Foreshore Act as the 39th piece of legislation.

The Legislature also accepted the recommendation of the Executive to accept the Enforcement Framework Amendment Act No. 2 as the 40th piece of legislation.

The Legislature received proposed changes to the Election Act which would allow for internet voting and telephone voting in elections and referendums.

The proposed changes to the Election Act also proposes changes regarding by-elections.

At the meeting Legislature member Tad Williams resigned his post as chair of the Implementation Committee and the Legislature elected Spencer Touchie to serve as the chair.

The Yuulu?il?ath Legislature approved the 2014 audited financial statements on August 27th.

Jay Norton of McIntosh, Norton, Williams Certified General Accountants reviewed the financial statements and the independent auditor's report with the Legislature. The audited financials will be presented to citizens at the Hitacu Assembly and will also be posted on the government website. Mr. Norton pointed out that under new federal laws all honouraria and travel expenses of Members of the Legislature will have to be posted.

The Hitacu Assembly which has been scheduled for Monday, September 15th, starting at 5 p.m. for dinner. Everyone is encouraged to attend.

Follow us on Twitter

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We've been on Facebook for a few years but now you can **Facebook us @ Ucluelet First Nations** Like us to receive our frequent posts and keep up-to-date with Community news.

Hitacu grave markers get repaired

The Hitacu cemetery has been cleaned up and about 25 crosses have been placed at unmarked graves. Emily Shirley, of the government's public works department said she began repairing the crosses and making new ones, when she was off work in the spring after she was injured.

She got a list from Rennie Touchie, that showed all of the grave sites, and went about fixing, replacing and creating crosses for those who have been laid to rest

in the cemetery. She has also been clearing weeds and brush from the cemetery, but said it's a never-ending job to keep the weeds down.

Emily said while the public works maintains the cemetery, it's up to individual families to care for their own grave sites. A few plots that are overgrown with weeds to the point that it was difficult to know if a grave site existed underneath and others have debris strewn across the grave site. "Some of the grave sites need to be cleaned," she

remarked.

Emily is also hoping that a few crosses with no names on it could be identified with the help of family members.

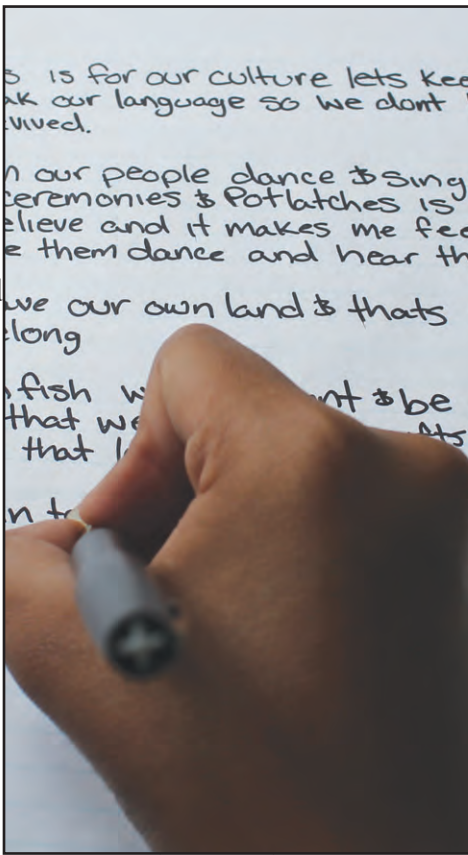
"There are crosses but no names and we don't have a record of who is buried there," she said, pointing to a wooden cross that was lying on the ground. Anyone with information regarding the unmarked crosses is asked to call Emily.



Emily Shirley checks over a list of citizens who are buried at the Hitacu cemetery. In the past few months she has been cleaning up the cemetery and making crosses for unmarked graves.



Bryson George, Randi-Lee Williams and James Walton listen as Elders tell a story at the family language camp held at Wya Resort in July. Shown at the bottom of the photo is Marj Touchie who was one of the language instructors for the camp. Photo by Vi Mundy.



Legends and Lyrics

Yuulu?il?ath youth Jada Touchie and Randi-Lee Williams share the microphone at the summer youth program.



Youth express themselves at Legends and Lyrics workshop

Young people in Hitacu participated in the Legends and Lyrics workshop during the summer youth program in July. The workshop enables Indigenous youth to express themselves through music and poetry and is intended to help prevent risky behaviours by giving a voice to the experiences of youth.

“Music gives youth the ability to express many ideas, problems and possible solutions that exist within our communities,” said Anthony, who facilitated the workshop. “We believe the music and

poetry can give youth a voice that expands upon story-telling and the oral tradition that has existed within indigenous nations since creation.”

Legends and Lyrics workshops run throughout BC and Washington State and is intended to offer youth an opportunity to express what they are experiencing by putting writing their own music and by the end of the workshop the participants recorded their own CD that contains their own words, music and message. The workshops use hands-on, interactive clinics on

lyric and musical composition and style progression. There are also informative discussions regarding issues facing indigenous communities.

The facilitators are indigenous professionals and musicians who are educated in fields ranging from social work to indigenous government, education and counseling. Topics of discussion ranged from suicide prevention, overcoming addiction to historical trauma, healthy communication and building healthy communities.

Back to School September 2nd

The BC Teachers and Public School Employers had not reached an agreement by presstime so we cannot publish news about possible strike action. Any news about any job action (which is expected on Friday) will be posted on our Facebook page. The school bus is scheduled to leave Hitacu at 9:30 on September 2nd and 8 a.m. onwards.

Hitacu Assembly

Monday, September 15th
Community Hall
5 p.m. Start

Everyone welcome

COMMITTEE MEMBERS NEEDED

Applications are being accepted to fill vacant seats on the following committees:

- Finance Committee (one seat)
- Community Services Department Committee (one seat)
- Environmental Protection Committee (only one seat has been filled)

For more information on the committee mandate and duties please contact Suzanne Williams at suzanne.williams@ufn.ca or by telephone at

250-726-7342

Language and Culture

Summer language camp held at Wya Resort

The annual Yuulu?i?ath Summer Youth Camp was held on Treaty Lands this year, as Elders and youth gathered at Wya Resort for three days at the end of July. Elders Vi and Bob Mundy, Barbara Touchie and Marj Touchie talked to the youth about the history of the Y people, about the treaty and future opportunities for youth.

Elder Bob Mundy talked about the history of the former reserve lands. "Our people travelled with the seasons, where the food was," he told the youth. He talked about the nine former reserves and which families came from which reserves. The nine reserves included: Ittatsoo (corrected spelling is Hitacu), Clakamucas, where Luke Touchie lives, Outs, Quinaquilth (Effingham Inlet), Nahint, Ucluth, Wya, Oo-oolth (where Lawrence Jack was from) and Quisitis (correct spelling K^wisitis, where the Mc-

Carthy and Touchie families come from).

Vi Mundy talked about the Treaty and why it was important. "We were wards of the government" she said, adding that "we didn't own our own land," she said, noting that since Treaty the government has direct control over their own land. "The treaty is a tool we can use to provide a better foundation for future generations," she added.

The Elders taught the children how to introduce themselves in the Barkley Sound and to introduce various family members. Elder Barbara talked to the children who were there and told them who they were related to and where their relations came from. Elder Bob Mundy talked about his family and commented, "So all of our families are scattered all over the place, married

into different tribes and families. So we are all one family."

The youth did a hike from K^wisitis to Wya, and on the third day of camp, Bob took out a map and showed the youth where they had walked and he provided the traditional place names for those areas. "You passed through Lost Shoe Creek, called tik^wim ʕatus čic?ii and čic?ii means lost shoe."

Elder Marj Touchie talked to the youth about how they should conduct themselves and about respecting themselves, their parents and elders. «Show kindness to everyone. Don't fight back when people are mean to you,» she said. Elder Eugene Touchie visited the camp at night to tell legends around the campfire.

Dr. Touchie organized a language bingo which incorporated pictures of animals, plants and the

weather. The youth also enjoyed stand up paddle-boarding and a few meals at the K^wisitis Feast House as part of the camp.

The camp was organized by: Gloria Valentine, Community Wellness Coordinator, Aysa Touchie, Child and Youth Worker, Dr. Bernice Touchie, Language Coordinator and summer youth worker Charles McCarthy. Youth who attended the camp included: Suzie McCarthy, Jada Touchie, Kyle Kervin, Bryson George, Randi Lee Williams, Maria Williams, Peyton George, Max McCarthy and James Walton.

The information for the camp story was compiled by Vi Mundy who worked on a grant provided by New Relationship Trust, to document the activities of the camp. The New Relationship Trust gave \$2000 towards the summer camp.



The Yuulu?i?ath Elders and youth attended summer camp at Wya Resort this year. The project was called Hiyuthuk^witqin nananiqsu (where our Grandparents lived). Vi Mundy documented the events of the camp and photographed activities. Shown here left to right, front row: Bob Mundy, Marj Touchie, Barbara Touchie, Peyton, George, Max McCarthy, Maria Williams, Suzie McCarthy and Kyle Kervin. Back row, Bryson George, Randi-Lee Williams, James Walton, Charles McCarthy, Aysa Touchie and Jada Touchie. Photo by Vi Mundy.

Nuučaañuł Phrases

Uḥuk^waḥ nuw^wiqsu - my father's name is...

Uḥuk^wwh?um?iiqsu - my mother's name is...

Uḥuk^waḥ naniiqsu - my grandparent is...

tik^wimʕatus čic?ii - Lost Shoe Creek

Guide to Pronunciation

ḥ exhale haa

ii sounds like ee (see)

k^w pronounced like the qu in queen

č as in chop

? this symbol is called a Glottal Stop; it tells the speaker there is a break between

words...ut-oh is an example where you can hear a break between the words.

ʕ is a back throat sound known as a pharyngeal.

That term refers to the pharynx (a part of the throat) where the sound is made.



Thank you to New Relationship Trust for supporting the summer camp where cultural and language lessons were taught. The camp entitled Hiyathuk^witquin nananiqsu or "Where Our Grandparents Lived" which was held at Wya Campground in July. Wya is where Yuulu?i?ath ancestors lived. Children were mentored by Elders and government staff.